

Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	0.5	0.5	0	1
Marital status	0.6	0.5	0	1
Education	12.5	1.5	9	16
Income	15.2	5.8	5	35
Health status	0.8	0.4	0	1
Smoking status	0.3	0.5	0	1
Alcohol consumption	0.2	0.4	0	1
Exercise frequency	0.5	0.5	0	1
Stress level	3.2	1.8	1	5
Sleep quality	2.8	1.5	1	4
Work satisfaction	3.5	1.2	1	5
Life satisfaction	4.2	1.0	1	5
Depression score	1.5	1.2	0	3
Anxiety score	1.8	1.3	0	3
Resilience score	2.5	1.1	1	4
Optimism score	3.0	1.0	1	4
Self-efficacy score	3.8	1.2	1	5
Perceived stress score	2.2	1.4	1	4
Work-life balance score	3.0	1.1	1	4
Overall well-being score	3.5	1.0	1	4

CORRESPONDENCE INFORMATION

APPLICATION INFORMATION

REPRESENTATIVE INFORMATION

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Source:: PrintEFS Version 1.0.1
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